



Trust in God and give of your best

## All Saints Carshalton Church of England Primary School

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Headteacher: Mrs E Hart Dyke

15 June 2017

Dear Parents and Carers,

The NSPCC's '*Speak out. Stay safe*'. programme is visiting our school on Tuesday 27 June, to make sure our pupils have the knowledge and understanding they need to stay safe from abuse.

This is a nationwide programme for every primary-school-aged child in the UK and Channel Islands. With the help of their friendly mascot Buddy, they will be presenting age appropriate assemblies to the children in our school as well as a workshop for those in Years 5 & 6.

### What is the '*Speak out. Stay safe*'. programme?

Through child-friendly, interactive assemblies and workshops their specially trained staff and volunteers will give our children information about how to keep themselves safe from harm and how to get help if they have any worries, sensitively discussing issues like bullying and sexual abuse, without using scary words or adult language.

We have studied the content of the materials and heard from other schools who have participated and are extremely confident that they are appropriate for primary-school-aged children. By the end of their visit, the children should feel empowered - knowing how they can speak out and stay safe.

If you would like any more information about the NSPCC '*Speak out. Stay safe*'. programme, including frequently asked questions, you can find it on the NSPCC website [nspcc.org.uk/schools](http://nspcc.org.uk/schools) or please come into speak to me and I can provide more information.

### Talking about the Underwear Rule with your children

The NSPCC's work in schools will help encourage conversations about staying safe - and they have a number of child-friendly materials to help you carry on the conversation afterwards. This includes 'The Underwear Rule', a simple way for parents to help keep children safe.

The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can find out more and download the free resources at [nspcc.org.uk/pants](http://nspcc.org.uk/pants). This information is also on our website.

If you would like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website [nspcc.org.uk/preventing-abuse/keeping-children-safe/](http://nspcc.org.uk/preventing-abuse/keeping-children-safe/)

Yours sincerely,

Mrs Emma Hart Dyke  
Headteacher

