
















# All Saints Carshalton Church of England Primary School

## Autumn Term Lunch Menu 2017

Week	Monday	Tuesday	Wednesday	Thursday	Friday
1	<p>Cheese and Tomato Pizza (v) served with herby roast potatoes &amp; locally sourced vegetables</p>  <p>Banana cake</p>	<p>Chicken Merango, Quorn Merango served with fluffy rice &amp; locally sourced vegetables</p>  <p>Homemade chocolate shortbread biscuit</p>	<p>Tuna and Tomato Pasta, Tomato Pasta served with French bread &amp; locally sourced vegetables</p>  <p>Apple crumble and custard</p>	<p>Roasted Chicken Fillet or Quorn Fillet served with hand cut roast potatoes, locally sourced seasonal vegetables &amp; gravy</p>  <p>Chocolate mousse</p>	<p>Breaded Fish Fillets (MSC) or Vegetable Nuggets served with oven cooked French Fries and baked beans</p>  <p>Fruity oatly cookies</p>
2	<p>Turkey Burger served with Potato Wedges, homemade coleslaw and corn on the cob</p>  <p>Iced chocolate &amp; pear cake</p>	<p>Meat/Veggie Bolognese and Pasta served with garlic slice &amp; locally sourced vegetables</p>  <p>Fruity jelly</p>	<p>Mrs Bramble's Secret Recipe Spicy Chicken, Quorn with half and half wraps, grated cheese and mixed salad</p>  <p>Homemade shortbread biscuit</p>	<p>Roasted Pork Loin or Quorn Fillet served with hand cut roast potatoes, locally sourced seasonal vegetables &amp; gravy</p>  <p>Homemade Ice-Cream; various flavours</p>	<p>Jacket Potato served with tuna and sweetcorn mayonnaise, grated cheese &amp; baked beans</p>  <p>Homemade flapjacks</p>
3	<p>Cheesy Pasta served with spicy potato wedges and locally sourced vegetables</p>  <p>Glazed apple cake</p>	<p>Chicken or Quorn Meatballs in a barbecue sauce served with rice &amp; locally sourced vegetables</p>  <p>Cheese and biscuits</p>	<p>Pie of the Week served with baby roast potatoes &amp; locally sourced vegetables</p>  <p>Pudding of the week</p>	<p>Roast Turkey Breast or Quorn Fillet served with hand cut roast potatoes &amp; locally sourced seasonal vegetables</p>  <p>Strawberry mousse</p>	<p>Sausages served with creamy mashed potato &amp; baked beans</p>  <p>Catherine wheels</p>



*Vegetarian option available every day*  
*Fresh fruit, Yoghurt & Bread available daily*

